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Rocky Mountain Neurology

Procedure Date _____

Check in time _____

Ambulatory EEG Preparation Information

The AEEG is a painless test done in an outpatient setting. 26-disc electrodes will be attached to your scalp with a white paste which hardens like a plaster. You will be attached to the portable recorder and sent home for the three days of ambulatory recording. The total appointment time is 60-90 minutes. Please call the office if you have any questions.

Before the test:

- Please shower or bathe the day of your test- you will be unable to shower, bathe or swim during the three days of the test. **YOU MAY** take a sink bath during the three days.
- Make sure to wash and dry your hair thoroughly. **Do Not Use:** Leave in Conditioners, Oils, Hairspray, gels, etc.
- On the day of your test please have **NO CAFFEINE** from the time you wake up to the time of the appointment (coffee, tea, soda, chocolate, etc.). You **WILL** be able to have caffeine during the three days of recording.
- Prior to your test, please have a snack or juice within 3 hours of your appointment. This is not required but we do not want to come to the test hungry.
- If you take any medications, please continue to take them unless you are instructed by your doctor not to.
- We recommend you wear a button or zip up shirt or a loose-fitting shirt you can easily remove without the risk of knocking the electrodes off or out of their precise position.
- We recommend bringing a hat, bandana, or scarf [to](#) cover your head after the wires are attached.

During the test:

- We will go over in detail what to expect during the three-day test
- You will be provided with detailed instructions and a log to take home

After the test:

- We will let you know what date to bring the equipment and log back to the office.

IMPORTANT INFORMATION

- Prior to the test we will check your benefits with your insurance. If you have a copay that will be collected on the day of your procedure.
- We will contact you 7 days prior to your appointment regarding your benefits.
- If you have a coinsurance and still have a remaining deductible or out of pocket max, we will pre-collect \$500 towards the procedure
- You could receive a bill for this procedure for anywhere from \$0-\$3,000. If you would like to know the out-of-pocket cost, you will need to contact your insurance company and provide the codes listed below to determine the cost.
 - Day 0: 95816
 - Day 1: 95708 & 95700
 - Day 2: 95708
 - Day 3: 95708, [95723](#), & 93224

**** Due to the preparation required for this test we require a minimum of 72 business hours' notice to cancel or reschedule. We charge a \$250 no show/late cancellation fee for this test****

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